



TRAVEL POLICIES

Environmental Fund for the Protection of Guanaja Island: All visitors to Guanaja are required to make a \$10.00 (annual) cash contribution to the Environmental Fund for the Protection of Guanaja Island. Proceeds go toward the preservation of the reefs, mangroves and general ecosystem as well as to fund environmental education programs for Guanaja residents. The \$10.00 contribution will be collected at Dunbar Rock during check-in.

Entry Requirements: To enter Honduras, you must present a U.S. passport **with at least six months remaining validity**. U.S. citizens do not require a visa for tourism, but you must provide evidence of return or onward travel. For other nationalities, it is your responsibility to ensure your own visa requirements, and no refunds will be awarded for customers denied access for lack of a proper visa.

Exit Requirements: Travelers must clear Honduran Immigration to depart the country. Travelers must return the copy of their immigration document or entrance permit they received when entering Honduras before exiting. If you are departing via air, travelers must pay a \$2.00 interisland tax at the Guanaja Airport and a country departure tax in Roatan or San Pedro Sula of approximately \$40.00 US. In the majority of cases, the \$40.00 departure tax will already have been included in your domestic airline ticket payment. If not, the airport tax is payable at the airport in cash in either U.S. dollars or lempiras or by credit card.

Travel Insurance: Dunbar Rock is not responsible for compensating or crediting any traveler for any loss incurred due to delays or cancellations. Due to the limited flights into and out of Guanaja and Roatan, Trip interruption/cancellation insurance is your only protection and should be considered mandatory. We highly recommend you purchase trip insurance. We also encourage all divers to have [Dan Master Insurance](#) Plans.

PRE-TRIP PLANNING

Giving You the Gift of Better Pictures: Villa on Dunbar Rock is offering a **free 30-day trial** for an extremely easy-to-use software program that enables you to improve your underwater images with a One-Click Picture-Fix! If you've been disappointed that your pictures don't "pop" the way you think they should, give this software a shot (no pun intended.) Don't let another dive vacation come and go with only washed out images to show for your efforts. Visit http://vivid-pix.com/free-trial?pop_code=3TRAVEL, enter the **POP Code 3Travel** when prompted and enjoy our gift of better pictures.

Dietary Restrictions: Due to our small size and remote location, we offer a limited menu and must provision in advance for our guests. It is critical therefor that guests with food allergies or dietary restrictions notify us of their circumstances well in advance.

Packing Considerations: Dress at the resort is very casual. We'll provide shampoo and hair dryers in the bathrooms. Beach towels and all linens are provided. Please bring your own **travel alarm clock** if needed. The electric plugs in your room are the standard US 110 V plugs. European visitors will need to bring their own adaptors.



Note on Bug Spray: Due to our island location and rocky shoreline, we are not bothered by mosquitoes and sand flies to the extent mainland locations are. However since you will likely want to visit mainland Guanaja or other cays during your stay, our recommendation is to be prepared and pack ample bug spray and anti-itch cream.

Note on Sunscreen: Every year between 4,000 and 6,000 tons of sunscreen washes off of tourists during their vacations. This sunscreen contains chemicals and oils that are harmful to the marine ecosystem, particularly coral reefs. All over the Caribbean, the use of biodegradable sunblock and sunscreen is starting to be required for entry into the waters, scuba diving or snorkeling tours. Travelers are urged to only travel with biodegradable sunblock as a precaution and aide to the environment. There are multiple brands readily available at most drugstores and superstores.

Weather/Time: Prevailing ocean breezes keep the temperature comfortable year around. The temperature is generally in the low 80s, only occasionally getting in to the high 80s during August and September. The average rainfall is 100 inches a year which helps keep the island lush and green. Guanaja's rainy season usually begins around October and lasts until December or January. The island operates on Atlantic Standard Time, not on daylight savings time.

Luggage: Airline luggage restrictions are constantly changing. Be sure to check your airline's web site(s) for the most current information on baggage allowances and restrictions. If flying Lanhsa Airline, you are allowed one 50 lb. bag or two 25-lb bags per person. Anything over that will be charged \$0.50 per lb. Please be aware that there are NO overhead compartments on Lanhsa. You may be able to fit a small personal item under your seat or on your lap, however there are no restrictions on holding whatever items you may wish to on your lap. Other luggage will need to be checked curb side before boarding the plane.

In the unlikely event you arrive without your luggage, please make sure you have packed your "trip essentials" in your carry-on bag, such as your **C-Card for diving**, a pair of shorts, bathing suit, dive mask, medicine, sunglasses or anything you consider necessary to begin enjoying your stay from the moment you arrive.

IMPORTANT INFORMATION – PLEASE REMEMBER TO TAKE THIS WITH YOU!

ARRIVING IN HONDURAS

Contacting Dunbar Rock: If you need to call Dunbar Rock once you are in Honduras, the best number to use is **(504) 9915 8586**. This will reach Denis Midence, the General Manager.

Arriving in Honduras: When arriving at the airport in Roatan, you will go through customs and collect your luggage. **Please be sure to retain the immigration document/entrance permit (blue paper) you receive from customs.** There will be yellow or blue shirted porters looking to assist you with your luggage and take you to this counter. Guests can feel comfortable utilizing their trustworthy services. Tipping them \$1.00 per bag will be greatly appreciated. While they collect your luggage you can proceed to the Lanhsa Airline desk in the terminal. (Look for a very small desk at the far end of the terminal on the right hand side – on the opposite side of the "main" air desks.) At this desk, you will be asked to provide your luggage for a weight check. You are allowed one 50 lb. bag or two 25-lb bags



plus a dive bag for free. Anything over that you pay \$0.50 per lb. You will also need to pay a local security fee of approximately \$2.00. Once checked in with Lanhsa, you can then proceed through security to the departure terminal to await your flight to Guanaja. There is a small snack shop inside the terminal (generally open) that sells excellent sandwiches and drinks!

Arriving at Guanaja Airport: You will be greeted by Dunbar Rock representatives as you deplane. Please present your luggage tags to the representatives so they can collect your luggage for you. The Guanaja airport is a small, open-air structure. From the tarmac you will be able to see directly through it to the boat dock behind it, where the Dunbar Rock boat will be waiting to take you for the 10 minute ride to the Resort. (Note: There are no roads on Guanaja. All transportation is via boat.)

Arriving at Dunbar Rock: A credit card will be needed upon check in with a US\$200.00 per room (or US\$100.00 per person) authorization taken as a deposit against incidental charges incurred during the stay. If a guest does not have a credit card then a US\$200.00 per room (or US\$100.00 per person) cash deposit will be required. No personal checks will be accepted on island. The \$10.00 per person payment for the Environmental Fund for the Protection of Guanaja Island will also be collected at this time.

Enjoying Your Stay: Even at the best hotels and resort, things can occasionally go wrong. If at any point you feel something is not right, please let us know right away. This gives us an opportunity to correct the situation and enhance your enjoyment of your stay.

Meals & Pool Bar: There is a communal coffee urn in the dining area and we invite the first person up to plug it in if it is not already going when you arrive! Our staff will generally beat you to it as they get there early to prepare for your breakfast, which begins around 7:00 – 7:30 for divers or later for those who plan to sleep in. Lunch is served whenever the dive boats get back for divers, and dinner general around 6:00 or whenever requested around that hour. Staff are available to serve you at the bar as well. The local beer is great and inexpensive at \$2.75. Drinks made with local spirits – which are also very good - are approximately \$4.50. Specialty drinks run about \$7.00. There is a water cooler in the common area from which you can refill water bottles, or bottled water can be purchased at the bar.

Drinking Water: There is a fresh water spring on mainland Guanaja from which the Resort obtains and purifies the tap water. Drinking water is available to you free of charge from the water cooler in the dining area and on the dive boats. You are encouraged to utilize the drinking water as some guests may be sensitive to the local tap water. Bottled water is also available at the bar for purchase. Be sure to remain well hydrated while on holiday! There is an ice machine accessible in the pool bar area.

Internet: Free Wi-Fi is available throughout the property. Signal strength varies in the rooms but it is strong and steady in the common areas such as the dining/living area, pool and pool bar. Your Wi-Fi password is located on the back of the door in your room.

Housekeeping Service: Housekeeping service is provided daily. There is a laundry basket inside your closet. Should you wish to have your laundry done (complimentary) please place your laundry in the basket and place the basket outside your closet door.

Smoking Policy: All of our rooms are non-smoking rooms. A US\$50.00 per incident fee will be charged for smoking in the rooms. Smoking is allowed at the pool bar.



Currency: US Dollars and Lempiras are widely accepted everywhere. There is no need to exchange Dollars for Lempira's. Small bills are encouraged, as generally you will receive change in Lempiras. If using credit cards anywhere in Honduras on at the Resort, please be aware that most credit-card companies are now adding an extra 2% to 5% fee on international transactions in addition to any currency-exchange commissions.

Tax: 15% sales tax is paid on purchases and services on island and 18% tax on alcohol.

Language: English is the first language of all native islanders regardless of race and Spanish is spoken second (whereas mainland Honduras is primarily Spanish speaking.)

Legal Age: 18 for drinking beer and other alcohol.

Security: There is a security guard on duty from 7:00 pm to 7:00 am. There is also an emergency phone located at the front desk.

Medical Emergencies: We are proud to advise our guests that the owner of Dunbar Rock generously donated the funds needed to build a state-of-the-art hyperbaric recompression chamber which will be open shortly in close proximity to the Guanaja Airport. For other medical emergencies, guests would be transported to the hospital in Roatan.

Tips/Gratuities: **Please remember that Dunbar Rock did not include a service charge in their rates!** Tipping for good service is customary and encouraged. 10% is standard. We utilize a tip pool to ensure housekeepers, restaurant servers, bartenders, cooks, dive staff, tour guides or anyone else who provides good service, participates in an equitable manner. It is best for you to present tips directly to Denis, the General Manager. Any tips given directly to individuals will also be pooled. If you feel someone did an outstanding job, please be sure to mention that to the General Manager as positive feedback can increase an individuals' overall compensation. By the same token, we also need to know about anything or anyone whose service fell short.

Batteries: Guanaja does not have a toxic waste disposal system. Yearly more than 100,000 used batteries from visitors end up on our landfill. Corroding batteries leak toxic chemicals into the soil and, ultimately, the sea. Please take your used batteries home with you where they can be recycled.

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FOR DIVERS

Dive Registration: If time permits you can register in the lobby the afternoon you arrive, or in the morning before the dive boats leave. The dive shop is open from 8:00 am – 5:00 pm. Please remember to bring your C-Card with you!

Gear Rental: We have all new Mares weight integrated rental BCD's in a variety of sizes as well as new regulators, full foot fins, masks and snorkels and dive computers. However we do ask that you notify us in advance if you wear an "unusual" size BCD or fin size. We also have wetsuits, but in limited quantity, so you may wish to consider bringing your own.

Familiarization or Training Dives: If you have been out of the water for some time, we encourage you to take a self-guided off-shore refresher dive to check your buoyancy and dive equipment while still within safe distance of the dive staff and facilities. There is an directly off the beach which reaches 30 feet (10 meters) that is perfect for a refresher.

Tank Access: 80 and 63 cft tanks are available for Air and Nitrox. Nitrox tanks are \$10.00 per tank or \$120.00 for the week. Please advise us in advance if you will be diving Nitrox.

Boats: Boats generally depart on regular schedule at 8:30 am for the morning 2-tank dive, returning for lunch with the afternoon boat leaving a reasonable time after lunch has concluded. If we are diving the north shore of Guanaja, we will stay out for a three tank dive and lunch will be prepared during a break between the second and third dive. One night dive is included with any seven night package and is generally conducted on Tuesday evening, or whenever the majority of divers prefers to go. Additional night dives may be scheduled with a minimum of 6 divers.

Beach towels are provided for you on the boats. There is no reason for you to bring the beach towel from your room. The boats also have a water cooler and ice chest if you wish to store drinks. Fresh fruit will be provided between dives.

